



## Prospects in Peripheries Toolkit – Supplemental Material for Trainers

### Training 5: Follow the Change

#### Detailed Daily Programme

Day 1	What?	How?	Learning outcomes	Objectives	Preparation
<p>Session 1.1 09:00 – 10:30</p> <p>Name games, Icebreaking activities</p>	<p>Set of NFE activities aimed at fostering first knowledge within the group, thus laying the grounds for the process of learning, interaction and effective cooperation among participants in the next days.</p>	<p>NFE methods.</p> <p>The trainer will gather participants in a circle, proposing the following NFE tools:</p> <ul style="list-style-type: none"> <li>• <b>Name game:</b> <i>Beautiful Benjamin and Lovely Leila (Compass activity)</i> - one person says her/his name (e.g. Benjamin), the rest of the group thinks of positive adjectives that start with the same letter of the person's name (e.g. B), "Benjamin" chooses one of the suggestions (e.g. beautiful), then the person standing to Benjamin's right says "Hello beautiful Benjamin. My name is ... (e.g. Leila)".</li> <li>• <b>Icebreaking:</b> <i>Human bingo (NFE tool)</i> - Every participant receives a sheet where there is a table with different characteristics. To do "Bingo", they have to fill a line with names of other persons (it cannot</li> </ul>	<ul style="list-style-type: none"> <li>• Participants will get to know each other.</li> <li>• Identify the nature of the group, their mindset and their background so as to help participants get acquainted.</li> <li>• Creation of an atmosphere for the pleasant cooperation and implementation of project activities.</li> </ul>	<p>Introduction to the project. These activities contribute to achieve all project's objectives.</p>	<p><b><i>What to do before, how long it takes to prepare this activity, what materials are needed.</i></b></p>



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		be twice the same name).			
<b>Coffee Break</b>					
<p>Session 1.2 11:00 – 12:30</p> <p>Mixed group workshops (3-4 participants) jobseeking and docs preparing</p>	<p>Small workshops group to set up how jobseeking and docs preparation is now and how it can be improved. Finding ideal way.</p>	<p>1 hour work within small groups with collecting all information on board. Then presenting to whole group and discussing how it can be improved (30 minutes)</p>	<ul style="list-style-type: none"> <li>Participants will share their experience</li> <li>Participants will improve their employability skills</li> </ul>	<p>Get to know current state of art</p>	<p>Preparation of supporting questions for groups and for common discussions</p>
<b>Lunch</b>					
<p>Session 1.3 14:30 – 16:00</p> <p>Individual work – what employers need?</p>	<p>Individual work with common discussion</p>	<p>Each participant will write down on stickers needs of employers in region (30 minutes). Then together with trainer participants will gather needs into blocks and set priors (30 minutes). Finally they discuss what is needed to learned those skills (30 minutes)</p>	<ul style="list-style-type: none"> <li>Participants will learn about skills about employers needs</li> <li>Participants can prepare own action plan for training</li> </ul>	<p>Preparation of future</p>	<p>None</p>
<b>Coffee Break</b>					
<p>Session 1.4 16:30 – 18:00</p> <p>Introduction to the project: Action plan</p>	<p>Pair work with common discussion</p>	<p>Participants will be gathered in pairs, where one participant will prepare action plan of training for another one. (60 minutes), than it will be common discussion if actions can be better adopted</p>	<ul style="list-style-type: none"> <li>Participants will have his/her own action plan of training</li> </ul>	<p>Improvement of participants employability skills</p>	<p>Preparation of possible actions for potential skills improvement</p>
<p>Session 1.5 18:00 - 18:30</p> <p>Evaluation Group</p>			<ul style="list-style-type: none"> <li></li> </ul>		
<b>Dinner</b>					



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Free evening					
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